

RESPECT PROTECT AND PROMOTE.

SEE THEIR RIGHTS

See the person as an individual, not the dementia. We all have our own likes and dislikes, our own life story, which tells us more about who we are than a diagnosis does.

KNOW THEIR RIGHTS

Educate yourself and others. Understanding dementia isn't only about diagnosis and being able to identify symptoms.

But reducing stigma and knowing how to respect and respond to the needs, will and preferences of people living with dementia.

PROMOTE THEIR RIGHTS

Learn more about Dementia and Human Rights and how you can influence and advocate for them.

The PANEL Principles, endorsed by the United Nations, provide a framework to put a HUMAN RIGHTS-BASED APPROACH into practice and ensure real change for people living with dementia.

THE PANEL PRINCIPLES



PARTICIPATION



ACCOUNTABILITY



NON-DISCRIMINATION
AND EQUALITY



EMPOWERMENT



LEGALITY